

Dia 1 - Etapa 2 - Média - WRE					Nível	Winning	Contour	Distance	
Escalão	Escala	Dist. Média	Desnivel	Pontos	Dificuldade	Time	Interval	To Start	
T10	1:7500	2100 m	40 m	13 Controls	2	20 - 25'	5 m	500 m	
M12	1:7500	2400 m	70 m	11 Controls	3				
W12	1:7500	2400 m	70 m	11 Controls	3				
M14	1:10 000	2600 m	80 m	14 Controls	4	25 - 30'			
W14	1:10 000	2500 m	70 m	12 Controls	4				
M16	1:10 000	3800 m	155 m	17 Controls	5	30 - 35'			
W16	1:10 000	3200 m	140 m	14 Controls	5				
M18	1:10 000	4300 m	185 m	17 Controls	6				
W18	1:10 000	3300 m	145 m	14 Controls	6				
M20	1:10 000	5200 m	220 m	18 Controls	6				
W20	1:10 000	4400 m	185 m	18 Controls	6				
M21B	1:10 000	3400 m	120 m	14 Controls	4				
W21B	1:10 000	3200 m	100 m	11 Controls	4				
M21A	1:10 000	4700 m	185 m	18 Controls	6				
W21A	1:10 000	3400 m	155 m	14 Controls	6				
M21E	1:10 000	6800 m	290 m	23 Controls	6				
W21E	1:10 000	5300 m	230 m	19 Controls	6				
M35	1:10 000	5000 m	210 m	19 Controls	6				
W35	1:10 000	4500 m	195 m	17 Controls	6				
M40	1:10 000	4800 m	195 m	19 Controls	6				
W40	1:10 000	3700 m	170 m	18 Controls	6				
M45	1:10 000	4700 m	185 m	20 Controls	6				
W45	1:10 000	3500 m	120 m	16 Controls	6				
M50	1:10 000	4500 m	195 m	17 Controls	6				
W50	1:10 000	3200 m	120 m	14 Controls	6				
M55	1:10 000	4400 m	190 m	19 Controls	6				
M55 Short	1:10 000	3500 m	120 m	16 Controls	4				
W55	1:10 000	2900 m	105 m	13 Controls	6				
M60	1:10 000	3700 m	170 m	18 Controls	6				
M60 Short	1:10 000	3200 m	140 m	14 Controls	4				
W60	1:10 000	2900 m	95 m	14 Controls	6				
M65	1:7500	3500 m	120 m	16 Controls	5				25 - 30'
M65 Short	1:7500	2900 m	105 m	13 Controls	3				
W65	1:7500	2300 m	80 m	12 Controls	5				
M70	1:7500	2900 m	95 m	14 Controls	5				
W70	1:7500	1900 m	60 m	11 Controls	5				
M75	1:7500	2300 m	80 m	12 Controls	5				
W75	1:7500	1900 m	60 m	11 Controls	5				
M80	1:7500	1900 m	60 m	11 Controls	5				
W80	1:7500	1300 m	55 m	8 Controls	5				
M85	1:7500	1900 m	60 m	11 Controls	5				
W85	1:7500	1300 m	55 m	8 Controls	5				
M90	1:7500	1300 m	55 m	8 Controls	5				
Fácil Curto	1:7500	2400 m	70 m	11 Controls	2	25 - 30'			
Fácil Longo	1:10 000	3400 m	75 m	17 Controls	3	40 - 45'			
Difícil Curto	1:10 000	2900 m	140 m	13 Controls	5	20 - 25'			
Difícil Longo	1:10 000	3700 m	170 m	18 Controls	6	40 - 45'			